



Bear Flat Pre School

Registered charity no: 1066705

Ofsted registration no: 133007

Health and Hygiene Policy

Aim

The Pre-school aims to promote a healthy lifestyle and high standard of hygiene in its day to day work with children and adults.

Methods

To prevent the spread of any infection the following practices are observed. All listed practices are monitored by a member of staff with managerial responsibility.

- There is a no smoking policy anywhere within the Pre-school boundaries.
- Hands are cleaned using antibacterial gel before having a snack.
- Hands are washed after messy play or after touching animals brought into the Pre-school. The water is changed frequently and children with allergies use separate bowls.
- Hands are washed after using the toilets.
- All fruit is washed thoroughly before use.
- Tissues are available and children are encouraged to wipe or blow their noses when necessary and dispose of tissues in the bin.
- Children are encouraged to cover their mouths when coughing.
- Individual hand paper towels are provided and disposed of appropriately.
- Different cloths are used for cleaning the kitchen and toilet areas.
- Waste is disposed of properly and out of the reach of children.
- Any spills of blood, vomit, urine or excrement are wiped up immediately and the area disinfected.
- Disposable gloves are worn when cleaning any of the above spills.
- Cups etc. are washed in very hot water.
- Tea towels are washed daily.
- Sand is changed regularly and any sand on the floor is thrown away.
- Those responsible for preparing snack time or cooking activities are fully aware of food safety and hygiene.
- When necessary, a note will be put up on the Pre-school's door to inform parents of outbreaks of infectious diseases where extra precautions need to be taken.

Health Issues

Parents / carers are requested to keep their children at home if they have any infections and to inform the Pre-School as to the nature of infection.

No child will be admitted to the Pre-School who has been vomiting or had diarrhoea until at least 48 hours have elapsed since the last episode.

Parents / carers have the opportunity to discuss any health issues with members of staff and have access to any health information available at the Pre-School.

If the children of Pre-school staff are unwell, the children will not accompany their parents / carers to work in the Pre-School.

Parents / carers are asked for information on any allergies their child may have and a record is kept on the premises.

Policy Adopted on Behalf of the Pre-school Committee by:
(Chairperson)

Date: